

Counties Served <i>(Virtual meetings can serve statewide, or if families are willing to drive to in-person meetings)</i>	Support Group Name	Support Group Name and Target Population	Virtual or In-Person Meetings	Leader Name	Email	Phone Number	Website
Cherokee, Cobb, Bartow, DeKalb, Fulton	SOS - Spoons of Salt	Support group for Chronic Illnesses (POTS, Dysautonomia, Hashimoto's Thyroiditis, Severe Allergies, and other Autoimmune Disorders/Chronic Illnesses/Invisible Illnesses, etc). All ages are welcome.	In-Person with Occasional Virtual Meetings	Chelsea Matherly	chelsea@spoonsofsalt.org	(404) 855-1261	https://spoonsofsalt.org/
Clayton	Clayton Hispanic Support Group	Hispanic Parent Support Group for families in Clayton County.	Virtual	Wanda Hernandez	wandapuertorico@aol.com	(678) 596-6716	
Cobb & Surrounding Counties	ASL Playdate Group	Deaf and Hard of Hearing - Open to families that want to learn ASL.	In-Person	Azucena Rodriguez-Becerra	arbe0320@gmail.com	(706) 459-4879	
Cobb, Cherokee, Fulton, Paulding	Bridges to Understanding	Focus on ASD, ADHD, Sensory Processing and Dyslexia with a particular emphasis on children who are twice exceptional (gifted with another diagnosis). Serves parents who need a safe and supportive space to discuss the challenges and triumphs of raising a child with an Intellectual or Developmental Disability.	In-Person with Occasional Virtual Meetings	Megan Walsh	bridgestounderstandingga@gmail.com	(619) 933-5444	https://bridgestounderstandingga.org/
All Metro Atlanta Counties: DeKalb, Cobb, Fulton, Gwinnett	Metro Atlanta Hispanic Support Group	Parent support group for Spanish speaking families in the Metro Atlanta area.	Virtual with Some In-Person Meetings	Irma Infinger	irma@p2pga.org	1-800-229-2038 ext 334	P2P also has a private Facebook group for Hispanic families. If interested, please contact Patricia Lanaspá at partricia@p2pga.org
Douglas, Carroll & Surrounding Counties	Caring Connections	Support group for parents and caregivers. Meeting are the first Wednesday morning of each month & the 3rd Thursday evening of each month.	In-Person	Donna Minor	konokeda@gmail.com	(770) 276-0151	
Franklin, Banks, Elbert, Hart, Madison, Stephens	Connections for Special Parents (CSP of Northeast GA)	Parents & Caregivers raising kids with special needs. Offers support, respite, resources and a listening ear.	In-Person	Teresa Phillips	cspnega@gmail.com	(706) 436-6756	https://www.connectionsforspecialparents.org/
Fulton, DeKalb, Henry, Clayton, Surrounding Counties	We Are All In this Together (through Each One Teach One Federation)	For Parents, Foster & Adoptive Families, Grandparents Raising Grandchildren, Kinship, Fictive Kin and any other population of parents. Focus on families with disabilities and mental health issues. Meets the 3rd Wednesday of each month.	Virtual	Suzette Brown	eachoneteachonetgether@gmail.com	(470) 352-5986	https://www.eachoneteachonetgether.org/
Henry, Clayton, Fayette & Surrounding Counties	Unwind with SHINE	Autism & Special Needs Parent Support Group. Meets the 3rd Friday of each month @ 8pm.	Virtual with Occasional In-Person Meetings	Christina McCollough	info@shineautism.org	(404) 369-1090	https://www.shineautism.org/
Paulding, Cobb, Bartow, Carroll, Cherokee, Douglas, Fulton	Miles of Advocacy	Anyone seeking advice and support. Gives individuals a place to be heard, validated and grow.	In-Person	Amy Pitts	info@milesadvocacy.com	(770) 750-2688	
Polk & Surrounding Counties	High-Five Society	Individuals with Special Needs & their Families. Also, has a mom's group that meets.	In-Person & Occasional Virtual Meetings	Ashley Spivey	info@highfivesociety.org	(678) 675-3303	https://www.highfivesociety.org/
All Metro Atlanta Counties: Rockdale, Cobb, Clayton, DeKalb, Douglas, Fulton, Gwinnett, Henry, Newton, Richmond	Telic Empowerment's Parent Empowerment Group	TELIC primarily targets families with children and young adults (up to age 30) with disabilities, in communities of color, that currently reside in the Greater Atlanta Metropolitan counties. Monthly virtual parent support group meetings are held every 3rd Saturday of the month at 11:00 am. Also, offers a Dad's group.	Virtual with Occasional In-Person Activities	Bettina Newton	info@telicempowerment.org	(678) 487-7654	www.telicempowerment.org
Whitfield, Murray, Gordon, Catoosa & Surrounding Counties within a 30 minute drive.	BLOOM Mission, Inc.	Parents raising a child who requires additional support. Questions will be answered about resources that are available through the knowledge of others walking a similar walk. Meetings are every Monday from 5:30pm-7:30pm at either Once Upon a Playhouse or Al Rollins Park in Dalton, GA. One of their members speaks Spanish and is available to offer translation to Spanish speaking families interested in attending.	In-Person	Rebekah Rogers	BloomMissionInc@gmail.com	(706) 280-4516	Private Facebook Group: https://www.facebook.com/groups/725100908887032/user/61561727957693/