



Artificial Intelligence (AI)

What is Artificial Intelligence?

Artificial Intelligence, or **AI**, is when computers or machines are designed to think, learn, and solve problems as people do. You already use AI every day! How? AI is what helps:

- ✓ Your phone recognizes your face or voice
- ✓ YouTube and TikTok suggest videos you might like
- ✓ Google Maps to find you the fastest way to get somewhere
- ✓ Correct what you write with spell check

AI can make your life easier, but it's important to use it wisely and safely.

How Can AI Help You?

AI can support you at school, at home, and at work by:

- ✓ **Reading or Writing:** Read text aloud or help you organize your thoughts
- ✓ **Learning:** Explain topics in simple words or give examples to help you study
- ✓ **Reminders and Organization:** Keep track of schedules and tasks
- ✓ **Accessibility Tools:** Turn speech into text or text into speech
- ✓ **Job Exploration:** Suggest jobs that match your interests and help you practice for interviews
- ✓ **Independence:** Help you control devices with your voice, translate languages, or get directions.

AI is like a smart helper – but **you** are still the one in charge!



Stay Safe and Smart with AI

It's fun to use AI, but you need to be careful just like you are online. Here are some tips to help you stay safe and smart when it comes to AI.

- ✓ **Think before you share.** Never tell AI tools your full name, address, phone number, school, or passwords.
- ✓ **Double-check information.** AI can be wrong. Ask a teacher, family member, or trusted adult if you are not sure.
- ✓ **Be respectful.** Use AI tools to learn, create, and help others. Do not use it to cheat, copy, or post unkind things.
- ✓ **Keep your ideas your own.** AI can help, but your voice, creativity, and thoughts are what matter most.
- ✓ **Ask for help.** If AI gives confusing or strange answers, or makes you uncomfortable, tell a trusted adult.



Remember...

AI is powerful and helpful, but **YOU control how you use it.**
Use AI to **learn, grow, and make good choices** every day!



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