



The Top 10 Ways to Connect Youth to Vocational Rehabilitation



1

Start talking about VR early

Early planning gives youth and families more time to explore goals and understand available supports.

2

Include VR in IEP and Transition meetings

VR works best when schools, youth, families, and VR counselors plan together.

3

Help youth and families understand VR services

Clear resources help people feel more confident when accessing supports.

4

Connect youth to job experiences

Real-world experiences help youth build skills confidence, and career awareness.

5

Focus on strengths and interests

VR can help youth discover careers that match their talents, interests and goals.

6

Teach self-advocacy

Youth benefit from learning how to speak up about their needs, supports, and future plans.

7

Listen to youth and families first

Understanding their perspective helps create more effective plans

8

Reduce barriers to participation

Transportation, paperwork, scheduling, and other challenges should be addressed whenever possible.

9

Improve communication among partners

Regular communication helps youth, families, schools, and VR stay connected and informed.

10

Work together to support success

Strong teamwork leads to better outcomes for youth.

Start early. Listen First. Plan Together.
Check out our Podcast Series