ENVISIONING YOUR OWN SUCCESS

STEP 1: ***Circle the words that feel closest to YOUR idea of success:***

Happiness	Independence	Helping Others
Confidence	Education	Friendship
Career	Money	Adventure
Family	Creativity	Other: _____



STEP 2:

Directions- Close your eyes for a moment. Imagine yourself five years from now. Write or draw what you see:

1. Where are you?
2. Who are you with?
3. What are you doing?
4. How do you feel?

RAISE

The RAISE Center is a project of the SPAN Parent Advocacy Network and is funded by the US Department of Education's Rehabilitation Service Administration. The contents of this resource were developed under a cooperative agreement with the US Department of Education (H235G200007)). However, the contents do not necessarily represent the policy of the Department of Education and should not assume endorsement by the federal government.

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STEP 3:

My Personal Definition of Success: In your own words, write a short definition of success: "Success to me means..."

STEP 4:

Role Models: Who do you admire that feels successful to you? Why?

STEP 5:

Small Wins Add Up: What are 3 small goals you can work on this year that will bring you closer to your idea of success?

1.

2.

3.

STEP 6:

Barriers & Breakthroughs: What might get in the way of your success?

What strategies can you use to push through those barriers?

STEP 7:

Your Success Symbol : Draw or design a symbol (a logo, an image, or even a word) that represents your version of success.

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